Unstably Housed LGBTQA Youth: The Impact of a Community-Based Collaboration

SIROW
- Culturally Responsive Evaluation
- Coordinated System of Care
- Research Dissemination
- Focus Groups

CODAC
- MET/CBT
- Crisis Counseling
- Support Groups

SAAF
- Street Smart
- HIV Testing
- Sexual Health Supplies

Open Inn
- Case Management
- Employment Assistance
- Active Referrals
- Emergency Housing

Our Family
- Life Skills
- Transitional Housing
- Outreach
- Advocacy
- Community Engagement

Eon
- Safe Space

iTEAM is a six-agency collaboration:

- CODAC Behavioral Health Services
- Open Inn
- Our Family Services
- Southern Arizona AIDS Foundation (SAAF)
- University of Arizona's Southwest Institute for Research on Women (SIROW)
- Wingspan: Eon Lounge Youth Center

iTEAM

Treatment Empowerment for Adolescents on the Move

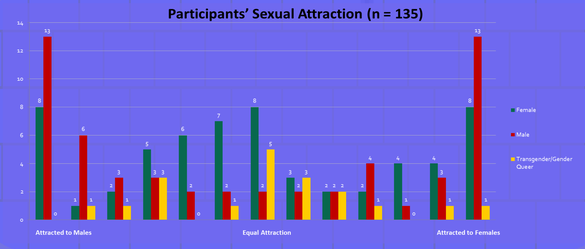
iTEAM Project Goals

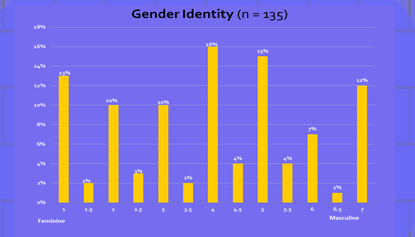
- Increase Housing Access and Stability
- Improve Mental Health Status
- Increase Linkages to Community Resources
- Reduce Substance Abuse and Sexual Risk Behaviors
- Improve Life Skills
- Conduct Comprehensive Evaluation with Innovative Assessments

- The Eon drop-in center for LGBTQA youth, operated by Wingspan/SAAF, offers a convenient and safe "one-stop shop" for youth to access iTEAM's comprehensive services
- Our Family Services and Open Inn provide case management to the 60 youth per year enrolling in iTEAM and manage iTEAM's housing component.
- SAAF provides sexual health education, in the form of the CDC evidenced-based Street Smart program, aimed to reduce the levels of risk in participants' sexual and substance use behaviors. SAAF also provides confidential HIV testing and counseling on-site at Eon.
- CODAC Behavioral Health Services offers on-site crisis counseling and the evidenced-based MET/CBT5 substance-abuse intervention group, named "Creating Change" by iTEAM participants.
- As the lead agency, SIROW coordinates project implementation among the six collaborators and oversees its evaluation and administration. SIROW's evaluators conduct many of their activities at the Eon Lounge.

iTEAM Demographics

		Male n = 105	Female n = 104	Trans n = 8	Other n = 4
Age	13-17	6	10	1	1
	18-24	99	94	7	3
Ethnicity	Hispanic	47	41	3	2
	Black	4	11	1	0
	White	43	35	0	1
	Other*	11	15	4	1





Self-Selected Gender Identifiers	Percent (n = 135)
Female	44.4%
Male	41.5%
Queer	3.0%
Transgender	2.2%
Two-spirit	2.2%
Multiple identities (e.g., female, queer)	4.4%
Write-in (e.g., gender fluid)	2.2%

Housing Status Changes n=154	Baseline	6-month
Own apartment/house	20.1%	40.3%
Friend/relative's house	54.5%	46.8%
Homeless	14.9%	4.5%
Temporary/emergency shelter	7.1%	7.8%
Institution/residential treatment	2.6%	0.6%

Trauma and Mental Health Related Outcomes n=154	Baseline	6-Month
Average days disturbed by traumatic memories (past 90 days)	21.10	15.49
Average days disturbed by emotional problems (past 90 days)	16.22	9.09
Serious anxiety or tension (past 30 days)	61.0%	48.7%
Serious depression (past 30 days)	50.6%	44.8%
Trouble understanding, concentrating, remembering (past 30 days)	44.2%	48.7%

Past Month Substance Use n=154	Baseline	6-Month
Alcohol	46.8%	50.6%
Alcohol to Intoxication (One or more times)	61.1% (of those who drank at all)	53.8% (of those who drank at all)
Marijuana	39.0%	30.5%

For more information about iTEAM, please contact Ian Ellasante (ellasante@email.arizona.edu), Claudia Powell (claudiap@email.arizona.edu), or Sally Stevens (sstevens@email.arizona.edu).